
TSX-V: MEX

DECEMBER 18, 2008

MIDLANDS MINERALS WARRANT TERM EXTENSION

Toronto, Canada, December 18, 2008: Midlands Minerals Corporation (“Midlands” or the “Company”) is pleased to announce that following an application for warrant extensions by Midlands Minerals Corporation, the TSX Venture Exchange has consented to the extension in the expiry date of 3,122,500 share purchase warrants which were issued pursuant to a private placement of 6,245,000 shares on June 14, 2007. The warrants, which were due to expire on December 14, 2008, have been extended to June 14, 2012 with the exercise price unchanged at 50 cents. The Company has 53,046,458, issued and outstanding shares.

ABOUT MIDLANDS MINERALS

Midlands is a growth oriented and value based gold exploration company operating in Ghana and Tanzania, two stable low risk countries with a history of gold mining. The Company mitigates potential risk to investors by operating in stable countries with well established mining laws, and by having several high quality projects located near major gold deposits and on known prolific gold producing belts.

Midlands has a highly qualified management and technical team with extensive experience in the countries in which the Company operates. The Company’s priority project is the fully permitted and past gold producer, Sian gold project, located on the Ashanti Gold Belt in Ghana.

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Midlands Minerals is one of 40 companies featured in the Haywood Securities Junior Exploration Index. The Haywood Junior Explorer Index (“HJEI”) tracks the performance of the group of junior exploration companies relative to the market. The HJEI is a publication by Haywood Securities Inc.