



**FOR IMMEDIATE RELEASE**

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## **MIDLANDS MINERALS ANNOUNCES AGREEMENT WITH SOUTH AFRICA'S E+PC ENGINEERING & PROJECTS COMPANY**

TORONTO, CANADA, Wednesday June 24, 2009: Midlands Minerals Corporation (“Midlands” or the “Company”) is pleased to announce the Company has reached an indicative agreement with South Africa’s E+PC Engineering & Projects Company Limited (“E+PC”) under which E+PC will provide technical and engineering services to Midlands on the Sian gold project in Ghana. E+PC has extensive experience in bringing mines into production, and in refurbishing gold processing plants all over Africa, including the CIL (Carbon in Leach) expansion at GoldFields’ Tarkwa Mine in Ghana. E+PC’s access to project financing will enhance Midlands’ financial resources and provide the Company with the ability to proceed with growth projects in parallel.

This agreement, details of which are in the process of finalization, creates a clear and focused arrangement which brings together a new combined team with Midlands bringing extensive geological and exploration experience, and E+PC bringing strong engineering, technical and operational expertise. This partnership will result in continued value creation for Midlands and its Shareholders. The terms of the arrangement are currently being finalized by the two parties.

E+PC will provide Midlands with a broader base of technical, operational and project management services as Midlands moves the Sian gold project towards production. “This arrangement brings together two highly skilled management teams with broad African experience, and offers a huge pool of collective experience in gold exploration, mining operations and project management,” said Kim Harris, President and Chief Executive Officer.

The first priority is to conduct a scoping study on Sian with the view to update the feasibility study done by the previous owners. The second priority is to conduct a review of the existing CIL plant and to determine what costs are associated with re-commissioning the plant. E+PC’s project development experience will ensure the appropriate sequencing of work programs and reduce risks.

### **ABOUT E+PC ENGINEERING & PROJECTS COMPANY LIMITED**

E+PC Engineering & Projects Company Limited (E+PC) is wholly owned subsidiary of Aveng (Africa) Ltd and offers engineering, design, project and construction management services as well as the operation and maintenance of metallurgical processing plants. E+PC enjoys a strong capital base with broad contracting expertise and a wealth of experience for the delivery of projects in Africa. Find out more about E+PC at [www.e-pc.co.za](http://www.e-pc.co.za).

## ABOUT MIDLANDS MINERALS

Midlands is a growth oriented and value based gold exploration company operating in Ghana and Tanzania, two stable countries with a history of gold mining. Midlands' top priority project is the fully permitted Sian gold project in Ghana. The Sian property contains Esaase and Ampeha, two previously producing open pit mines with a resource with significant growth potential. Midlands' contiguous Kwahu Praso project, which was once part of Sian, contains extensions of the Esaase and Ampeha trends. Sian and Praso are just 30 kilometres northeast of Newmont Mining's +8.7 million ounce Akyem gold deposit. Midlands also holds highly prospective licences for gold and diamonds in the Lake Victoria Goldfields in Tanzania.

The Company has a highly qualified management and technical team with extensive experience in the countries in which the Company operates. For more information on the Company, please visit Midlands' website at [www.midlandsminerals.com](http://www.midlandsminerals.com).

### On behalf of the Board

Kim Harris  
President and Chief Executive Officer

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

*Certain statements contained in this news release constitute forward-looking statements. Such forward-looking statements involve a number of known and unknown risks, uncertainties and other factors, which may cause the actual results, performance or achievements of the company to be materially different from actual results and achievements expressed or implied by such forward-looking statements. Forward-looking statements consist of statements that are not purely historical, including any statements regarding beliefs, plans, expectations or intentions regarding the future. No assurance can be given that any of the events anticipated by the forward-looking statements will occur or, if they do occur, what benefits the Company will obtain from them. These forward-looking statements reflect management's current views and are based on certain expectations, estimates and assumptions which may prove to be incorrect.*

*The Company adds a cautionary statement to the effect that the potential quantity and grades referred to in this press release are conceptual in nature. There has been sufficient exploration to evaluate a mineral resource. However, the Company is uncertain if further exploration will result in a mineral reserve. Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date the statements were made. Readers are also advised to consider such forward looking statements while considering the risks inherent in the business of mineral exploration. For more information, investors should review the Company's filings that are available at [www.sedar.com](http://www.sedar.com).*