

PRESS RELEASE
September 9, 2004

FOR IMMEDIATE RELEASE

The Chairman of **Midlands Minerals Corporation**, Alfred Powis, O.C. is pleased to announce the following appointments:

1. **Kim F. Harris as Managing Director and Chief Executive Officer effective July 1, 2004.**

Kim Harris has a Masters Degree from the University of Toronto, an International Management Course Certificate from the School of Business, University of Western Ontario, and a Bachelors Degree from Simon Fraser University. Kim Harris has been the Managing Director of SIKA Resources Inc. since 1996 and Managing Director of Midlands Minerals Corporation since April 2000. Prior to that, Ms. Harris was Director for Africa with the **Ontario International Corporation**, working extensively throughout Africa, involved primarily with capital projects, project financing, and projects in the mining sector.

2. **Mark B. Keatley as Director of Midlands Minerals Corporation.**

Mark Keatley has an MBA from Stanford Business School (Harkness Fellowship), an M.Phil. from Cambridge University, and an MA (Double First) from Cambridge University. Mr. Keatley is a member of the Institute of Management Accountants U.K. Mr. Keatley was the **Chief Financial Officer of Ashanti Goldfields Company Limited** for several years, following distinguished senior management positions with the **International Finance Corporation**, and the **World Bank** in Washington D.C. Mr. Keatley was a Financial Analyst for several years with the Ford Motor Company, U.K.

3. **Pierre Lalande, P.Geo. as Director of Midlands Minerals Corporation.**

Pierre Lalande has a B.Sc. in Geology from the University of Montreal. He is a member of the Association of Professional Geologists of Ontario, the Geological Association of Canada, the Canadian Institute of Mining and Metallurgy, and the Prospectors and Developers Association of Canada. Mr. Lalande was the Chief Geologist for **IAMGOLD Corporation** following senior positions as a geologist with **Watts, Griffis and McOuat Limited**. Mr. Lalande has worked extensively in Africa and has over 30 years of experience in the mineral exploration and mining industry.

4. **Paul E. Singer, C.A.** with over 20 years of experience, **to Chief Financial Officer**

Other Midlands Minerals Corporation appointments:

- **Marc Boisvert to Geological Advisor.** Marc Boisvert, formerly a Vice President and Director of **Barrick Gold Corporation Subsidiaries**, was also **Barrick Gold's Exploration Manager for Tanzania.**

Midlands Minerals Corporation is a public Canadian natural resource Company with mineral properties in Tanzania and Ghana. The primary focus of the Company is exploration of its gold and diamond properties (The Itilima Project) in Tanzania and its gold property (The Kwahu Praso Project) in Ghana. The gold and diamond properties in Tanzania are located in an area where major gold mining companies have developed reserves of at least 40 million oz.

Midlands' Kwahu Praso Ghanaian gold property is located on the Ashanti Goldbelt. Ghana, formerly the Gold Coast, has recorded gold production in excess of 1 billion oz. and current reserves of major companies on the Ashanti Goldbelt exceed 100 million oz. Midlands Minerals Corporation will continue to develop its mineral properties to productive stages, taking a variety of financing approaches, including joint ventures.

The information contained in this Press Release is not intended to solicit investment in the company or to promote the purchase of company securities. No securities regulatory authority has expressed an opinion about these securities nor approved or disapproved of the contents of this release.

FOR FURTHER INFORMATION, PLEASE CONTACT KIM F. HARRIS, MANAGING DIRECTOR & CEO, **MIDLANDS MINERALS CORPORATION**, 1220 SHEPPARD AVENUE EAST, SUITE 402 NORTH YORK, ONTARIO CANADA M2K 2S5

TEL: (416) 492-6992

FAX: (416) 492-6993

E-mail: info@midlandsminerals.com

Web Site: www.midlandsminerals.com