



MIDLANDS ANNOUNCES DRILL RESULTS INDICATE ESAASE GOLD DEPOSIT IS PART OF A 1.6 KM GOLD BEARING STRUCTURE ON SIAN, GHANA

TSX-VN: "MEX"

TORONTO CANADA, October 29th, 2007: Midlands Minerals Corporation ("Midlands" or the "Company") is pleased to report that results from three RC drill holes indicate the Esaase gold deposit is part of a 1.6 kilometre gold bearing structure on the Sian property in Ghana. RC hole number 53, averaging 2.25 g/t Au over 15 meters, with intersections of 4.80 g/t over 5 meters and 16.27 over 1meter, has found the extension of the Esaase gold deposit 500 meters south of the mine pit.

Sian, a past open pit gold producer located on the Ashanti Goldbelt 30 kilometres northeast of Newmont Mining's 8+ million Akyem gold deposit, produced gold between 2001 and 2004 with a gold recovery rate of 91%. The Sian gold mineralization type is a silica-carbonate alteration with disseminated pyrite similar to that found at Newmont's Akyem gold deposit. The average grade at Akyem is 2.4 g/t.

"These are very important results because RC hole 53 has the quality and grades of Esaase Mine (indicated resource of 1.3 million tonnes at 2.3 g/t) and this hole has found the south extension of Esaase Mine half a kilometre away. The extension is associated with a gold soil anomaly that extends further south for a 1kilometre strike length and this increases the potential for finding another Esaase deposit", said Marc Boisvert P.Eng.

RC hole number 53 terminated in an anomalous gold bearing zone that remains open and this has opened up a lot of ground for follow-up drilling. Less than 10% of this highly prospective Sian property has been explored to date.

Summary of results

Hole	Intersections	Location
RC33	0.91 g/t Au over 17m including 1.34g/t Au over 8m from 89m to 97m	300m north of Esaase Mine pit
Esaase Mine	Indicated resource 1.3 tonnes at 2.3 g/t Au	EsaaseMine
RC53	2.25 g/t Au over 15m. including 4.80 g/t Au over 5m from 29m to 33m 16.27 g/t Au over 1m from 30 to 31m	500m south of Esaase Mine pit
RC27	3.18 g/t Au over 1m	900m south of Esaase Mine pit

Note: All RC drill intercepts shown above are apparent widths

The previous operator lost the Esaase mineralization at latitude 6100N. Midlands' geological interpretation indicates a NW-SE fault cuts the south part of the Esaase deposit, deflecting it toward the southeast. The Company's interpretation is that RC hole number 53 has found the extension of the gold deposit on the other side of the fault at latitude 5600N. The results from RC hole number 53 coincide with a 1 kilometre strike length of a gold soil anomaly which the company will be testing in follow up drill programs.

Sian is a fully permitted past gold producer with a 91% gold recovery rate. Drilling is in progress to increase the resource and results to date confirm continuity of grades and economic widths (intersections – 10.81 g/t over 7m, 24.3 g/t over 3m, 2.08 g/t over 11m). There is a 16 kilometre corridor with gold soil anomalies yet to be drilled and two new previously unexplored gold zones have been discovered. The majority of the assays are still pending.

“Our drill results have confirmed economic grades and widths, and with Sian being fully permitted with a 30-year mining lease, infrastructure, roads, water, and power, what remains is increasing the tonnage. We plan to complete a feasibility study in 2008 and get the Sian property back into production by 2010”, said Kim Harris, President and Chief Executive Officer.

Midlands Minerals is one of 30 companies covered in the **Haywood Securities Junior Exploration Index**. The **Haywood Junior Explorer Index (“HJEI”)** tracks the performance of the group of junior exploration companies relative to the market. The **HJEI** is a bi-monthly publication by **Haywood Securities Inc.** Midlands Minerals Corporation is also covered by **e-Research and Objective Capital Limited (UK)** and all research reports and updates are available on the Company's Web Site at www.midlandsmineals.com

The scientific and technical information contained in this press release has been reviewed by Marc Boisvert, P.Eng., who is a Qualified Person within the meaning of National Instrument 43-101.

Certain statements contained in this news release constitute forward-looking statements. Such forward-looking statements involve a number of known and unknown risks, uncertainties and other factors, which may cause the actual results, performance or achievements of the company to be materially different from actual results and achievements expressed or implied by such forward-looking statements.

Forward-looking statements consist of statements that are not purely historical, including any statements regarding beliefs, plans, expectations or intentions regarding the future. No assurance can be given that any of the events anticipated by the forward-looking statements will occur or, if they do occur, what benefits the Company will obtain from them. These forward-looking statements reflect management's current views and are based on certain expectations, estimates and assumptions which may prove to be incorrect.

The Company adds a cautionary statement to the effect that the potential quantity and grades referred to in this press release are conceptual in nature and there has been insufficient exploration to define a mineral resource. Further, the Company is uncertain if further exploration will result in discovery of a mineral resource. Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date the statements were made. Readers are also advised to consider such forward looking statements while considering the risks inherent in the business of mineral exploration.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.

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